



BOY SCOUT TROOP

77

Hightower Trail District
Atlanta Area Council
Boy Scouts of America



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TROOP 77 CAMPING – PERSONAL EQUIPMENT CHECKLIST

Basic Individual Camping Equipment suggested: (See Boy Scout Handbook)

	Pack, Duffle Bag or "Action Packer" type container. For backpacking trips a Pack & Frame is required (see additional backpacking notes below)
	Tent (with poles, stakes, etc.); 2-4 person is sufficient
	Ground Cloth (polyethylene - 6'x8' or cut to your specific tent size)
	Canteen (or water bottles)
	Sleeping Pad (Open or closed cell foam, or self-inflating pad)
	Sleeping Bag (packed in plastic bag or waterproof stuff sack); rated for weather
	Hiking Boots (recommended - most tennis shoes do not have adequate ankle or foot support for extended hiking)
	Extra Shoes (no flip-flops or open-toed shoes are allowed in camp)
	Mess Kit (Plate, Bowl, Cup, knife, fork and spoon should go on each trip)
	Matches (large and waterproofed) - Firem'n Chit required
	Compass
	Whistle (worn around neck or kept on person at all times)
	Boy Scout Handbook (typically for Scouts First Class and under; keep in plastic bag)
	Pencil & Paper
	Personal First Aid Kit (Don't forget Prescription Medication - give to trip leader)
	Flashlight (with spare bulb and batteries)
	Extra Batteries
	"Class B" T-shirt (for when not wearing Class A – no other T-shirts permitted)
	Extra Clothes (Complete change)
	Hiking Socks (Heavy wool or wool blend)
	Personal items (Toothbrush, toothpaste, soap, comb, towel, wash cloth)
	Rain Gear (Poncho) required on every trip – preferably waterproof jacket and pants
	Pocket Knife (No sheath knives permitted) – Totin' Chip required
	Watch (Waterproof)
	50 ft. Rope (Small diameter rolled into a ball)
	Several "Zip-loc"-style bags (2 gal size works well) for keeping clothes separate, and dry (even if you use an Action Packer)
	Plastic Trash Bag (Fold into small square and store in pack or duffle)

Other items may be needed depending on time of year, or type of outing:

	Sweater or Jacket (Winter camping)
	Knit Cap (Winter camping)
	Gloves (Winter camping)
	Insulated Underwear (Winter camping)
	Pillow
	Metal Mirror
	Camera (With extra film or batteries)
	Swim Trunks
	Extra Shoe Laces
	Sewing Kit
	Sharpening Stone
	Insect Repellent (non-aerosol)

It is suggested a warm, lightweight, 20-degree rated bag (about 3lbs Polarguard) be purchased. An aluminum pack frame and nylon pack, sized to fit the Scout with a wide padded hip belt, is recommended. There are a lot of personal preference that go into selecting camping gear, but if you have any questions on what or where to buy, before purchasing expensive equipment, contact one of the Scoutmasters. Please put your name on each article of clothing and each piece of personal equipment.

BACKPACKING EQUIPMENT

Backpacking trips call for different equipment. KEEP YOUR BACKPACK LIGHT! It should weigh no more than 20% to 25% of your body weight.

Personal Gear

- Frame pack with padded hip strap. There are 2 basic types - external frame and internal frame. I generally recommend that beginners start with external. Several manufacturers offer an adjustable external frame which is great for growing bodies. Also some in the south prefer external frame packs because they are cooler in our hot southern climate. Although both must be sized, internal frames must be fitted to be comfortable.
- Rain cover for pack (a large plastic garbage bag will do in a pinch and will make great night time pack cover)
- Stuffed sleeping bag. It is important that it rolls up into a small package, and that it be lightweight. A sleeping bag rated at 20° is generally adequate for our part of the country. Finally, consider a synthetic fill vs. down. Although down filled bags offer the most warmth for the weight, they are more expensive and lose their insulation if they get wet. Also please note that manufacturer's ratings are just guidelines. For example, if you or your son tends to sleep cold then you might require a lower temp rating.
- Waterproof stuff bag (or compression sack) and/or garbage bag for sleeping bag
- Ground pad. This can be as simple as a foam pad, or can be one of the more expensive self-inflating pads (such as Therm-O-Rest). Although many believe that the pad is for comfort, its primary purpose is insulation from the cold ground. That said: I strongly prefer the therm-o-rest pads because they are more packable and provide some comfort as well. To save weight consider getting a 3/4s length pad.
- Map and Map Case - Troop leaders will provide each crew with this item.
- Personal first aid kit (Band-Aids, moleskin and other blister treatment supplies, etc.) This is a small kit which you can assemble from your household supplies and place in quart size ziplock bag. See Scout book for suggestions.
- Small eating/cooking utensils
- Plate/cup/bowl - you can use a large cup for all three! Frisbees also make great plates. Place the Frisbee in a Ziplock bag to minimize cleanup.
- Matches in waterproof container
- SMALL flashlight or a headlamp with **NEW** batteries
- Pocket knife - lockback w/ blade no longer than 3 inches (**NEW SCOUTS WILL NOT BE PERMITTED TO USE KNIVES UNTIL EACH HAS EARNED his Tote N' Chip which indicates he has demonstrated his understanding of knife safety rules**)
- Compass
- 2 quart size water bottles FILLED
- Small garbage bags
- 50' of 3 mm rope
- Small pad of paper and pencil

Personal Care Items

- Toothbrush and toothpaste (small travel size)
- Comb or brush
- Biodegradable soap (small travel size)
- Small pack towel
- **TOILET PAPER!!!!!!!!!!!!**

Optional Gear

- Sunglasses
- Lip balm w/sunscreen
- Insect repellent
- Sunscreen
- Watch
- Camera and film
- Binoculars
- Hand Lotion
- Snacks for trail (i.e., trailmix or GORP, dried fruit, NO CANDY)
- Hiking staff or trekking poles

Clothing

AVOID COTTON. Wear synthetic materials or wool. Choose clothing for the Season. Pack everything in Ziplock bags to keep it dry. In cool/cold weather, dress in layers.

- Waterproof shell jacket.
- Waterproof shell pants.
- Hiking boots (Be sure to wear your boots for a few weeks to break them in before going on a hike!)
- Camp shoes (lightweight athletic shoes / sandals).
- Polypropylene liner socks - 2-3 pair
- Wool or Synthetic Hiking socks - 2-3 pair
- 2 pair moisture wicking briefs or boxers.
- 1 pair shorts (quick drying fabric)
- 1 pair long pants. **NO JEANS.** I recommend quick drying convertible pants.
- Moisture wicking T-shirts
- Long johns or fleece pants and shirt (not cotton)
- Pile or fleece jacket and/or vest.
- Wool or fleece knit hat
- Ball cap or wide brim hat (water repellent).
- Wool or fleece gloves
- 1 -2 bandannas

Crew Gear (load is shared by all members of the crew)

- 2-man tents (Tent with a partner so you only have to carry one tent)
- Plastic ground cloth/footprint (to go under your tent)
- Backpacking stove with fuel (One stove for every 2 or 3 scouts)
- Water filter - one filter for every 2 or 3 scouts
- Cook pot
- Extra plastic bags
- Garbage bags
- Water purification tablets
- Collapsible Water bladder
- 50 - 75 ft of strong cord
- Repair kit - duct tape, needle and thread, wire, spare parts for equipment (pins, rings, etc)
- Food
- Clean-up gear
- Trowel